

### **AL-AMEEN COLLEGE**

# STUDENT WELLBEING AND PASTORAL CARE POLICY

#### **PURPOSE**

At Al-Ameen College, we believe that emotional wellbeing is crucial for our students to achieve their full potential. We recognize that a happy, secure, and supported student is more likely to succeed academically and in life.

### **SCOPE**

This policy applies to students from Years KK to Year 12 and outlines our commitment to student wellbeing and pastoral care as a shared responsibility among all members of the school community.

#### **POLICY**

# **Definition of Wellbeing and Pastoral Care:**

Wellbeing and Pastoral Care at Al-Ameen College is a holistic approach that promotes positive relationships between staff, parents, and students. It is rooted in Islamic spirituality and values such as Trust and worthiness, God conscious, Wisdom, Enduring resilience, and Altruism. Our aim is to create a nurturing environment where every student is respected, cared for, and encouraged to embody the college's vision and mission statements. We aim to graduate students who are independent, resilient, socially aware, have a strong sense of self, and a positive connection to their community.

# Framework for Wellbeing and Pastoral Care:

Our approach to wellbeing and pastoral care is based on unity in diversity, compassion, and justice. We believe that pastoral care should enrich the emotional, social, psychological, and spiritual wellbeing of our students to maximize their learning outcomes during and beyond their time at the school. Every member of the school community shares the responsibility for pastoral care. The delivery of pastoral care is the responsibility of all staff, who should hold and model the College's core Islamic values. The College has specialist staff focused on the care and wellbeing of students. The Head of Wellbeing and Pastoral Care ensures that systems are in place to inspire students to explore their potential in mind, heart, body, and spirit. Teachers promote a positive and inclusive school culture where respect and equitable relationships are fostered. Assemblies and meetings with staff, students, and parents help to encourage and guide teachers to nurture and inspire students to become extraordinary citizens.

# **Phases of Development:**

We recognize that students have different social and emotional needs at different stages of their development. Our approach is framed around six phases: Lower Primary (Kindy-Year 1), Middle Primary (Years 1-3), Upper School (Years 4-6), Early Adolescence (Years 7-8), Late Adolescence (Years 9-10), and Young Adult (Years 11-12). The Head of Wellbeing and Pastoral Care, with assistance from the Islamic Studies Department, provides programs for primary and secondary school students. Wellbeing and pastoral care are the responsibility of all staff, both academic and religious.

### Implementation:

The Head of Wellbeing and Pastoral Care is responsible for ensuring that pastoral care within the college is implemented through effective programs, staff training in student wellbeing, mental health, and spiritual wellbeing, effective incident notification procedures, and liaising with the Head of Wellbeing and Pastoral Care when necessary.

#### Adherence:

Al Ameen College's Wellbeing and Pastoral Care Policy is underpinned by the principles of PLAN, EVALUATE, and DELIVER.

We Plan to create a caring and nurturing environment with a strong sense of community, support the emotional and social wellbeing of each student, develop a pastoral profile of each student, and monitor their social and emotional wellbeing across K-12.

We Evaluate wellbeing and pastoral care practice through an ongoing cycle of review, reflection, performance, and development tools, update policies and procedures to reflect current thought and practice and collect data to inform further practice.

We Deliver by establishing open communication between parents and the college, supporting staff to act on concerns they have about the wellbeing of a student, assisting staff to maintain accurate records of contact between students, parents, and staff, informing students, parents, and staff of pastoral care services available, and outlining expectations of acceptable behavior.

# Regular Acknowledgment of Effort and Endeavour:

At Al-Ameen College, students are recognized for their efforts and hard work, regardless of the outcome. During morning assemblies, students are acknowledged for simply trying their best, and a significant portion of the budget is allocated towards award presentations to recognize the achievements and efforts of all students.

It is emphasized to students that endeavor is just as important as achievement, and every student is expected to strive for recognition and acknowledgment.

# **Incentive through Extra-Curricular Activities:**

The College offers extra-curricular activities every Friday afternoon as an incentive and reward for students who have worked hard throughout the week.

#### **Zero Tolerance for Bullying:**

Al-Ameen College has a zero-tolerance policy towards any form of bullying as it goes against the College's Islamic ethos. Students are made aware of this policy, resulting in minimal instances of bullying and a happy school environment for the vast majority of students.

# **REVIEW**

YEAR OF REVIEW	REVIEWED BY	AMENDMENTS/RERVIEW
2011	YI	Originally Released
2014	PR	Revised
2017	NM	Revised
2018	NM	Reviewed
2020	NM	Revised
2023	MJ, RA	Revised and updated