



**AL-AMEEN COLLEGE**  
**SUNSMART POLICY AND PROCEDURES**

**Rational**

A healthy balance of ultraviolet radiation (UV) exposure is essential. A prolonged exposure to the sun's ultraviolet rays can cause sunburn, eye damage, and skin cancer. Early exposure to the sun during the first ten years of life is a major risk factor for developing skin cancer during later life

The Cancer Council of Western Australia recommends that for schools to fulfil duty of care obligations, each school should have a SunSmart policy for students and staff. Al-Ameen

**Objective**

This SunSmart Policy has been developed to:

- Ensure all students and staff have some UV exposure for vitamin D.
- Encourage the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above.
- Assist in creating a safe school environment that provides shade to students, staff, and the entire school community when necessary.
- Promotion of SunSmart will occur throughout the year via assemblies, newsletters, staff and parent meetings etc.
- Assist students in protecting themselves against the sun.

- Ensure that families and new staff are informed of the school's SunSmart policy.

Staff are encouraged to access the SunSmart UV Alert at [sunsmart.com.au](http://sunsmart.com.au) to find out daily local sun protection times to assist with the implementation of this policy.

## **POLICY**

### **PRIMAY SCHOOL**

#### **AI – Ameen College has a ‘No Hat, Play in the Shade’ All Year**

Parents are requested to ensure that their child has his/her hat which must be worn for all outdoor activities. We use a combination of sun protection measures for all outdoor activities.

- The school uniform shop has a variety of hats for purchase. Students are educated by Health and Physical Education staff to wear hats in Physical Education classes.
- Students are encouraged by teachers of all other learning areas to wear hats when outdoors.
- HPE teachers' model and reinforce the sun safe message.

The School Staff will apply the following on any student who does not comply with our school policy.

- No hat, under cover play.
- No sun protection, undercover play only.
- Parents may be contacted if students fail to adhere to school policies.

### **HIGH SCHOOL**

It is a requirement that hats are worn in September to the end of April and whenever UV levels reach 3 and above, the level that can damage skin and eyes.

## **UNIFORM/CLOTHING**

- Sun protective clothing is included in our school uniform and sports uniform. School clothing is cool, loose fitting and made of densely woven fabric. During Physical Education, students are supplied with sunscreen and are encouraged to wear hats. All teachers in this school model the SunSmart strategies.
- Students with special needs may need assistance in reminding and wearing their hat.

## **SPORT AND PHYSICAL EDUCATION PROGRAMMING**

- Maximise use of indoor and shade facilities.
- Where possible, outdoor lessons and sports carnivals to be scheduled when the UV Index is below 3.

## **CAMPS AND EXCURSIONS**

- Letters to parents/guardians informs them that sun protection is required for an excursion (where appropriate) and if students need to supply their own protection.
- The availability of shade is considered when planning excursions or outdoor activities.
- Sunscreen is housed in Al-Ameen College buses for excursions. It is the responsibility of the teacher-in-charge of excursion to ensure supply is current and available.
- Students with Special Needs: Students with medical issues should have these issues recorded on their school medical profile.

### **Special Needs Students:**

It is important that school medical profiles include information regarding students with medical issues. Students who use the acne treatment Roacataine should have their medical records reflected as they cannot be exposed to the sun. It is recommended that parents also inform the HPE teacher of any issues they may have. Health and Physical Education is a compulsory part of the Australian curriculum, and only when an appropriate medical specialist supports an exemption can it be granted.

## ASSEMBLIES

All assemblies are to be held either indoors, in shade or in the under-cover area

In consultation with the Board of Governors, shade provision is considered in plans for future buildings and grounds.

This policy applies to all school events on and off site.

## REFERENCES

<http://www.des.wa.gov.au/schooleducation/nongovernmentschools/Pages/default.aspx>

<http://www.ais.wa.edu.au/> (AISWA Policy Guidelines)

## 11. REVIEW HISTORY

Year of Review	Reviewed By	Amendment/Review
2012	YI	Originally Released
2014	PR	Revised
2020	NM	Revised and Amended
2021	PR/ME	Revised and Amended
2022	MJ	Revised and Amended